



# Accessibility and Birth Justice:

how to view the

*Wellspring Birth*  
in peace. in power. in joy.

# Sliding Scale



*Birth support should be accessible to all people, regardless of circumstances. Reparative justice and healing begin with how we birth, and the sliding scale is a powerful tool towards that work. The below model comes directly from [A. Cunningfolk's apothecary](#).*

The highest dollar cost reflects the true cost of doula support. It is the price Wellspring would charge in the absence of a sliding scale. If you are able to pay for "wants" and spend little time worrying about securing necessities in your life, you have economic privilege and power. This price is for you. Folks with savings, who own property, or who have access to financial security fall into this group.

The middle cost reflects the acknowledgement that paying full cost would prevent some folks from accessing doula support, but their circumstances are not reflected in either descriptions for the highest cost or the lowest. If you are struggling to conquer debt or build savings or to move beyond paycheck to paycheck living, but have access to steady income and are not spending most of your time thinking about meeting basic needs such as food, shelter, medical care, child care, etc., you belong here.

The lowest cost represents the reality that some folks' economic circumstances would prevent them from having a doula if there were not a deliberate opportunity made for them to access services at a cost that is reflective of their economic realities. If you struggle to maintain access to needs such as health care, housing, food, child care, and are living paycheck to paycheck or are in significant debt, you probably belong here and you deserve a community that honors you as equal to the person who can pay the highest cost. If the lowest tier is still prohibitive, we will work together towards payment plans or other solutions.



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## The Green Bottle Where You Fall on the Sliding Scale

PERSONAL FINANCIAL EXPERIENCE



### PERSONAL FINANCIAL EXPERIENCE

\*BASIC NEEDS include food, housing, and transportation. \*\*EXPENDABLE INCOME might mean you are able to buy coffee or tea at a shop, go to the movies or a concert, buy new clothes, books, and similar items each month, etc.

designed by Alexis J. Cunningfolk | [www.wortsandcunning.com](http://www.wortsandcunning.com)